



Please affix patient label here

Family Name

URN

Given Names

Date of Birth

Sex M F

Now we want you to remember what your friend or relative was like 10 years ago and to compare it with what he / she is like now. 10 years ago was in 19____. Below are situations where this person has to use his / her memory or intelligence and we want you to indicate whether this has improved, stayed the same, or got worse in that situation over the past 10 years. Note the importance of comparing his / her present performance *with 10 years ago*. So if 10 years ago this person always forgot where he / she had left things, and he / she still does, then this would be considered 'Hasn't changed much'. Please indicate the changes you have observed by *circling the appropriate answer*.

Compared with 10 years ago how is this person at:

	1	2	3	4	5
1. Remembering things about family and friends e.g. occupations, birthdays, addresses	Much improved	A bit improved	Not much change	A bit worse	Much worse
2. Remembering things that have happened recently	Much improved	A bit improved	Not much change	A bit worse	Much worse
3. Recalling conversations a few days later	Much improved	A bit improved	Not much change	A bit worse	Much worse
4. Remembering her / his address and telephone number	Much improved	A bit improved	Not much change	A bit worse	Much worse
5. Remembering what day and month it is	Much improved	A bit improved	Not much change	A bit worse	Much worse
6. Remembering where things are usually kept	Much improved	A bit improved	Not much change	A bit worse	Much worse
7. Remembering where to find things which have been put in a different place from usual	Much improved	A bit improved	Not much change	A bit worse	Much worse
8. Knowing how to work familiar machines around the house	Much improved	A bit improved	Not much change	A bit worse	Much worse
9. Learning to use a new gadget or machine around the house	Much improved	A bit improved	Not much change	A bit worse	Much worse

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Compared with 10 years ago, how is this person at:

	1	2	3	4	5
10. Learning new things in general	Much improved	A bit improved	Not much change	A bit worse	Much worse
11. Following a story in a book or on TV	Much improved	A bit improved	Not much change	A bit worse	Much worse
12. Making decisions on everyday matters	Much improved	A bit improved	Not much change	A bit worse	Much worse
13. Handling money for shopping	Much improved	A bit improved	Not much change	A bit worse	Much worse
14. Handling financial matters, e.g. the pension, dealing with the bank	Much improved	A bit improved	Not much change	A bit worse	Much worse
15. Handling other everyday arithmetic problems e.g. knowing how much food to buy, knowing how long between visits from family or friends	Much improved	A bit improved	Not much change	A bit worse	Much worse
16. Using his / her intelligence to understand what's going on and to reason things through	Much improved	A bit improved	Not much change	A bit worse	Much worse

Name of person completing this form: _____

Relationship to patient (e.g., wife): _____

Date: _____

Scoring Instructions:

Sum of item ratings		Divide by 16 (or number of completed items; maximum of 2 missed items allowed)		TOTAL SCORE (1 to 5; round to 2 decimal points)
	÷		=	_____ / 5

(1 = considerable improvement in cognitive function; 3 = no change in cognitive function; 5 = considerable deterioration in cognitive function)

References: a) Jorm, A.F. (1994). A short form of the Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE): development and cross-validation. *Psychological Medicine*, 24, 145-153; b) Jorm, A.F. (2004). The Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE): a review. *International Psychogeriatrics*, 16 (3), 275-293; c) Jorm, A.F. & Jacomb, P.A. (1989). The Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE): socio-demographic correlates, reliability, validity and some norms. *Psychological Medicine*, 19, 1015-1022.