



Standardised Mini Mental State Examination (SMMSE)

URN:

Family name:

Given name(s):

Address:

Date of birth:

Sex: M F I

Facility:

Instructions: Refer to page 3

I am going to ask you some questions and give you some problems to solve. Please try to answer as best you can.

Orientation *(allow 10 seconds for each response)*

Points
(= Pass)

- 1. a) **What year is this?** *(accept exact answer only)* 1
- b) **What season is this?** *(last week of old season or first week of new season acceptable)* 1
- c) **What month is this?** *(first day of new month or last day of previous month acceptable)* 1
- d) **What is today's date?** *(accept previous or next day's date)* 1
- e) **What day of the week is it?** *(accept exact answer only)* 1
- 2. a) **What country are we in?** *(accept exact answer only)* 1
- b) **What state are we in?** *(accept exact answer only)* 1
- c) **What city / town are we in?** *(accept exact answer only)* 1
- d) (In clinic) **What is the name of this hospital / building?** *(accept exact name of hospital or institution only)*
 (In home) **What is the street address of this house?** *(accept street name and house number or equivalent in rural areas)* 1
- e) (In clinic) **What floor of the building are we on?** *(accept exact answer only)*
 (In home) **What room are we in?** *(accept exact answer only)* 1

Orientation sub-total:

Registration

3. I am going to name three objects. When I am finished, I want you to repeat them. Remember what they are because I am going to ask you to name them in a few minutes.
- Say them slowly at about one second intervals*
- BALL CAR MAN**
- For repeated use: Bell, jar fan; Bill, tar, can; Bull, bar, pan
- Please repeat the three items for me.
- Score one point for each correct reply on the first attempt. Allow 20 seconds for response; if the client did not repeat all three, repeat until they are learned or up to a maximum of five times. Only score the first attempt.
- 1 - Ball
 1 - Car
 1 - Man

Registration sub-total:

Attention

4. I am going to spell a word forwards and I want you to spell it backwards.
- The word is **WORLD** – W – O – R – L – D. *(You may help the person spell the word correctly).* **Now spell it backwards.**
- Repeat if necessary. Allow 30 seconds to spell it backwards. If the client cannot spell "world" with assistance, score 0. Refer to page 3 for scoring instructions.*
- 0
 1
 2
 3
 4
 5

Attention sub-total:

Recall

5. **Now, what were the three objects I asked you to remember?**
- Score one point for each correct response, regardless of order. Allow 10 seconds for response. Maximum score of three.
- 1 - Ball
 1 - Car
 1 - Man

Recall sub-total:

DO NOT WRITE IN THIS BINDING MARGIN

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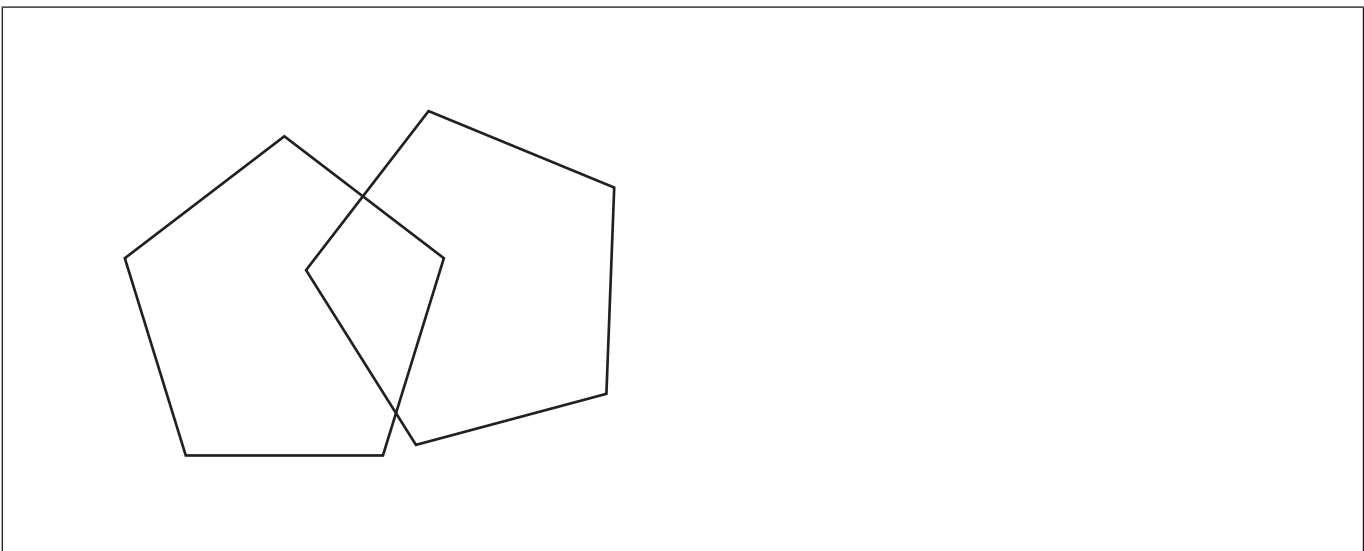
Date of birth:

Sex: M F I

Language	Points (<input checked="" type="checkbox"/> = Pass)
6. Show the client a wrist watch. What is this called? <i>Allow 10 seconds for response. Accept 'wrist watch' or 'watch'. Do not accept 'clock' or 'time'. Score one point.</i>	<input type="checkbox"/> 1
7. Show the client a pencil. What is this called? <i>Allow 10 seconds for response. Accept 'pencil' only, not 'pen'. Score one point.</i>	<input type="checkbox"/> 1
8. I would like you to repeat a phrase after me: "No ifs, ands or buts" <i>Allow 10 seconds for response, score one point for correct repetition. Answer must be exact.</i>	<input type="checkbox"/> 1
9. Hand the client the sheet with CLOSE YOUR EYES on it (page 4). Read the words on this page and do what it says. <i>If the subject just reads and does not close eyes, you may repeat: Read the words on the page and do what it says (a maximum of three times - this is covered in point 3 of the directions section on page 3). Allow 10 seconds, score only one point only if client closes eyes. The client does not have to read aloud.</i>	<input type="checkbox"/> 1
10. Hand the client a pencil and paper. Write any complete sentence on that peice of paper. <i>Allow 30 seconds. The sentence must make sense. Ignore spelling errors. Score one point.</i>	<input type="checkbox"/> 1
11. Refer to diagram shown below. Here's a drawing. Please copy the drawing on the same paper. <i>Hand drawing to client. Allow multplie tries. Correct if two convex, five-sided figures and intersection makes a four-sided figure. Score one point for a correctly copied diagram. Allow 1 minute maximum.</i>	<input type="checkbox"/> 1
12. Ask the client if he / she is left or right handed. Read the full statement below before handing client blank piece of paper. Do not repeat or coach. I am going to hand you a piece of paper. When I do, take the piece of paper in your left / right hand (whichever is non-dominant), fold the paper in half once with both hands and put the paper down on your lap. <i>Allow 30 seconds. Score one point for each instruction executed correctly.</i>	<input type="checkbox"/> 1 <input type="checkbox"/> 1 <input type="checkbox"/> 1
<i>Language sub-total:</i>	
Total Test Score: <input style="width: 50px;" type="text"/>	
<i>Adjusted Score:</i> <input style="width: 50px;" type="text"/>	

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Interviewer's name:	Designation:	Signature:	Date:
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Directions for administration of the SMMSE

- Before the questionnaire is administered, try to get the client to sit down facing you. Assess the client's ability to hear and understand very simple conversation, e.g. What is your name? If the person uses hearing or visual aids, provide these before starting.
- Introduce yourself and try to get the client's confidence. Before you begin, get the client's permission to ask questions, e.g. Would it be all right to ask you some questions about your memory? This helps avoid catastrophic reactions.
- Ask each question a maximum of three times. If the client does not respond, score 0.
- If the client answers incorrectly, score 0. Accept that answer and do not ask the question again, hint, or provide any physical clues such as head shaking, etc.
- The following equipment is required to administer the instrument:
 - A watch
 - A pencil
 - Blank paper
 - A piece of paper with CLOSE YOUR EYES written in large letters (on reverse) and two five-sided figures intersecting to make a four-sided figure is also required (page 2).
- If the client answers 'What did you say?', do not explain or engage in conversation. Merely repeat the same directions a maximum of three times.
- If the client interrupts (e.g. 'What is this for?'), just reply: 'I will explain in a few minutes, when we are finished. Now if we could proceed please...we are almost finished.'

Scoring WORLD backwards (scoring instructions for question 12)

- Write the client's response below the correct response.
- Draw lines matching the same letter in the correct response and the response given.
- These lines MUST NOT cross each other.
- The client's score is the maximum number of lines that can be drawn without crossing any.

Examples:

D	L	R	O	W
D	L	R	O	W

= Score 5

D	L	R	O	W
D	R	W	O	D

= Score 3

D	L	R	O	W
L	O	W	R	O

= Score 3

D	L	R	O	W
L				

= Score 1

D	L	R	O	W
D	R	R	W	O

= Score 3

D	L	R	O	W

=

*Refer to SMMSE manual for further administration and scoring guidelines.



Queensland
Government

(Affix identification label here)

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CLOSE YOUR EYES

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