



**CULTURE  
CARE  
CONNECT**







# Program Overview

- Integration of suicide prevention and quality aftercare services
- Creation of safety systems
- Development of a strong and capable workforce
- Community empowerment and safety
- Promotion of Social & Emotional Wellbeing
- Reduction of stigma
- Co-design of a regional suicide prevention plan
- Co-design of a placed based Aftercare model of care





# Pilbara Suicide Peer Network

WACHS Suicide  
Prevention  
Coordinator

PAHA  
Culture Care  
Connect  
Coordinator

PAMS  
Community  
Liaison  
Officer

StandBy  
Pilbara  
Postvention  
Coordinator



- Working smarter not harder
  - Meeting individual KPIs
  - Oversight and coordination of prevention and postvention activities
- Collaboration for effective suicide prevention
- Reduction of burn out
- Peer Support
  - Debrief
  - Support
  - Sharing of resources

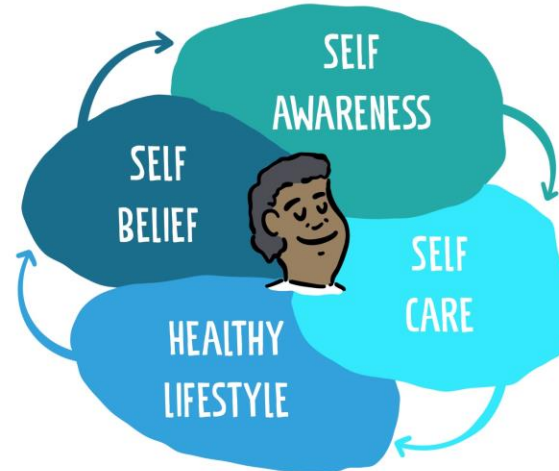
# PHASE 1 - WHAT WAS SAID AT THE INITIAL COMMUNITY FORUMS

IN PHASE 1, INTRODUCTION FORUMS WERE HELD WITH COMMUNITY MEMBERS IN PORT HEDLAND, ROEBOURNE, NEWMAN AND ONSLOW.



PEOPLE TALKED ABOUT WHAT WORKS, WHAT'S NOT WORKING & HOW TO KEEP LOVED ONES SAFE

POSITIVE MENTAL WELLBEING IS

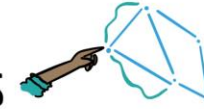


ENVIRONMENT & WELLBEING ARE CONNECTED



ON-COUNTRY PROGRAMS

COMMUNITY CONNECTORS



MENTAL HEALTH & LIFESTYLE CHALLENGES ARE



STRESS

TRAUMA



ALCOHOL & DRUGS



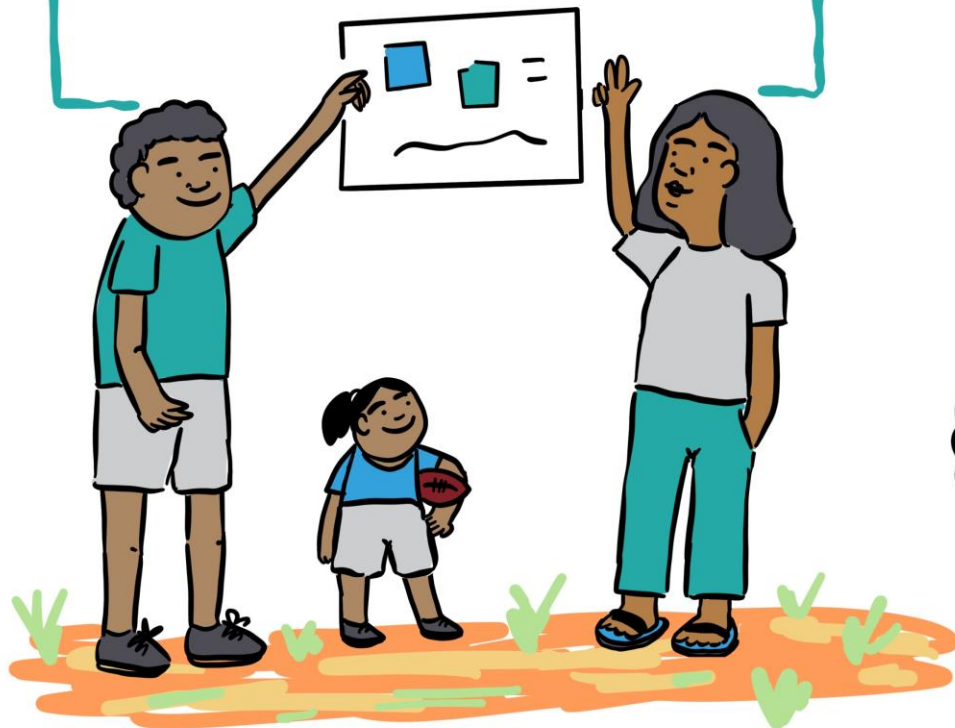
ANXIETY & DEPRESSION





# PHASE 2 - SUICIDE PREVENTION PLAN & AFTERCARE MODEL

IN PHASE 2, COMMUNITY MEMBERS HELD DEVELOPMENT FORUMS TO CODESIGN THE REGIONAL SUICIDE PREVENTION PLAN & AFTERCARE MODEL FOR THE PILBARA.



WHAT DO WE NEED IN THE COMMUNITY TO PREVENT SUICIDE?



HOW DO WE SUPPORT SOMEONE WHEN THEY ARE THINKING ABOUT SUICIDE OR HAVE ACTED ON THEIR THOUGHTS OF SUICIDE?

WHAT DO PEOPLE NEED TO KEEP SAFE?





# PHASE THREE - FINAL AFTERCARE MODEL AND SUICIDE PREVENTION PLAN



# PILBARA NETWORK SUICIDE PREVENTION PLAN

**VISION** - TO REDUCE THE IMPACT OF SUICIDE ON PILBARA COMMUNITIES BY EMPOWERING STRENGTH, RESILIENCE, AND POSITIVE SOCIAL EMOTIONAL WELLBEING.



SAFE, CULTURALLY APPROPRIATE AND MULTIFACETED APPROACH



CREATION OF A NETWORK OF SUPPORT SERVICES (HOLISTIC AND WRAPAROUND)

A COORDINATED APPROACH TO THE REDUCTION OF SUICIDALITY



## REGIONAL STRUCTURE

SUICIDE NETWORK ADVISORY GROUP  
TO SUPPORT, GUIDE AND ENHANCE SUICIDE PRE & POSTVENTION OUTCOMES ACROSS THE PILLARS

PILBARA ABORIGINAL HEALTH PLANNING FORUM

PILBARA MENTAL HEALTH, ALCOHOL AND OTHER DRUG, SOCIAL EMOTIONAL WELLBEING AND SUICIDE LEADERSHIP COMMITTEE

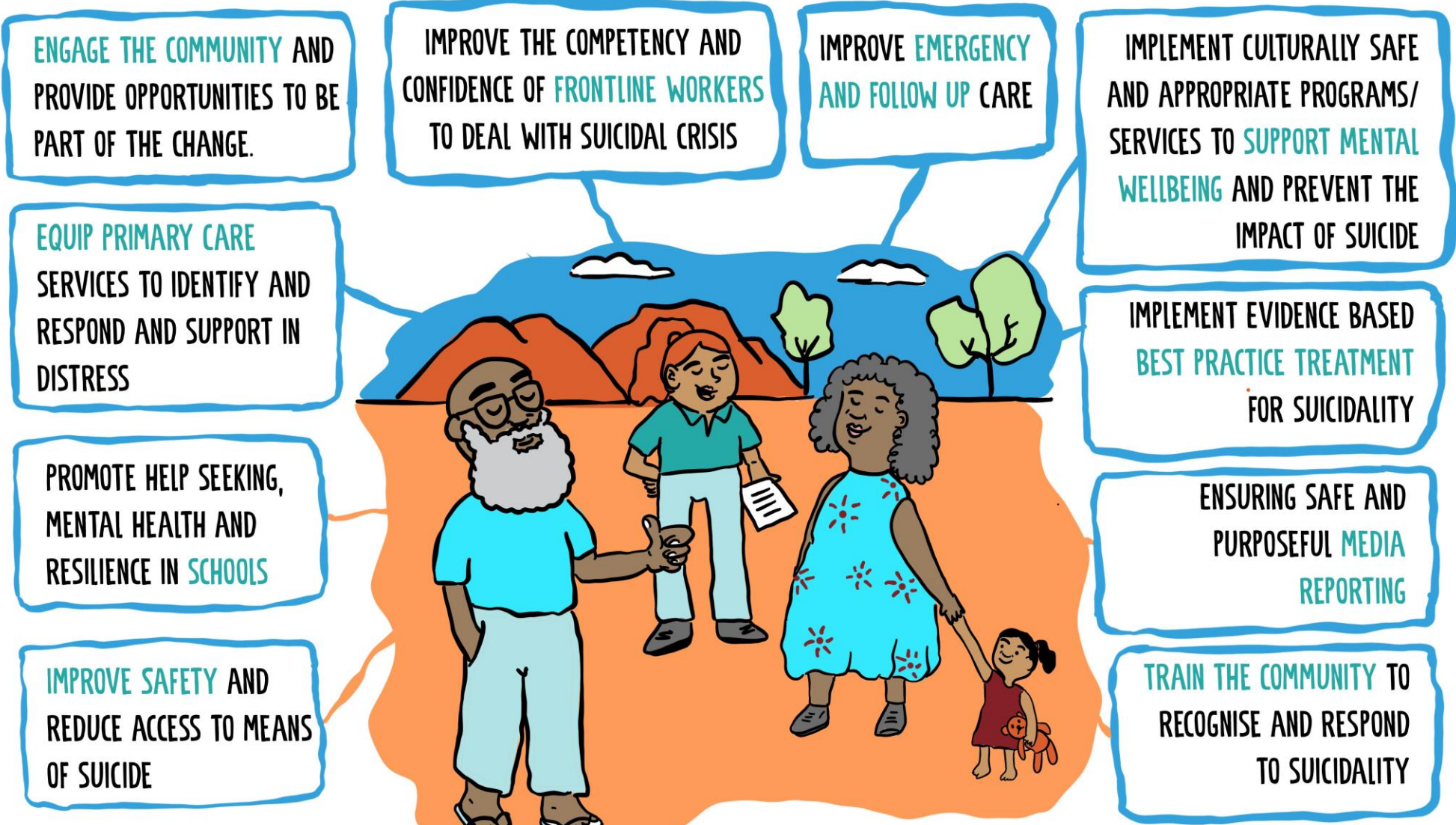
PILBARA POSTVENTION RESPONSE GROUP EAST / WEST / INLAND CELLS

HEDLAND/ KARRATHA / NEWMAN COMMUNITY WELLBEING WORKING GROUPS



# PILBARA NETWORK SUICIDE PREVENTION PLAN

## EXPECTED OUTCOMES OF THE PLAN







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