



# YAWARDANI JAN-GA

PROFESSOR JULI COFFIN, CENTRE DIRECTOR YAWARDANI JAN-GA RESEARCH AND ADVOCACY CENTRE



- Country Peoples
- Organisers
- Colleagues and families
- Our young people and the team, our horses
- Our supporters



## WHAT ELEMENTS MAKE THIS WORK:

- Time
- Funders who get it!
- Aboriginal staffed, led and formed
- Cultural Governance
- University supports
- Clinical and practical, action based research, stop all the noise....
- We are on the shoulders of our ancestors but what are we doing up there.....



PHENONONOLOGY ...ITS HARD  
TO SAY AND EVEN HARDER TO  
GET MONEY FOR.....



- Destigmatise the ask for HELP
- What if your job was to spread joy?
- The horses do enjoy this interaction...the love is unconditional.

# WHY YAWARDA AND EAL APPROACH?

- Resourcing
- Genuine, never false
- Live in the moment
- Naming feelings/emotions
- Positive one to one interaction
- Somebody who can 'hold' space for you
- Role modelling of relationships
- Evoke feeling
- Non judgemental, respond to vibration/mirroring
- An outlet or opportunity to go through emotions often denied
- A projection away from self
- An affirmation (ie 500kgs)
- They work on vibrations
- Remapping neural pathways
- Unconditional love





## Rigour:

JANEAPP and recording sessions

Referral

Schedule for ten sessions

Five session check in

Ten session check in

Three month follow up

Six month follow up

12 month follow up

Re-referral process

**30 REFERRAL PATHWAYS**  
**33 LETTERS OF SUPPORT**  
**9 MOU/PARTNERSHIP AGREEMENTS**

## Session Structure

- Around one hour,
- Client centered, choice points
- Thematic approach (7 themes)
- Sessions are cumulative in nature in building relationship skills





# SEVEN THEMES OF HORSE WISDOM AT YAWARDANI JAN-GA

- Regulation/The calm state
- Awareness/Noticing
- Boundaries
- Healthy relationships
- Kind and helpful thoughts/thinking and talking
- Feelings as natural
- Facing Lifes Challenges









# YAWARDANI JAN-GA (HORSES HELPING)

JULI COFFIN & JACOB CORPUS

# YOUTH CONFERENCE



WE'RE THE ONLY OFFSITE PROGRAM FOR TELETHON KIDS



CORNER'S INQUEST YOUTH SUICIDE

CULTURALLY APPROPRIATE YOUTH MH SERVICES



YAWARDANI JAN-GA

26 PARTNERSHIPS

ABORIGINAL SPECIFIC TRAINING TOOLS EVALUATION



ACROSS THE KIMBERLEY

GROWING BEYOND OUR 2 ACRES

360 PEOPLE ENROLLED WITH A WAITLIST OF 55

6-26 YEARS

THE FIRST TIME I'VE FELT WARM & SAFE

POSITIVE AFFIRMATION



HOLDING SPACE

HORSES DON'T CARRY YARNS



NOTHING LIKE THIS BEING DONE ELSEWHERE

WE FACILITATE AN INTERACTION



A TAILORED SPACE

THE HORSE CHOOSES TO HOLD SPACE & INTERACT

THAT POSITIVE CONNECTION IS HEALING

VALIDATE FEELINGS



CULTURALLY, SPACES TO LEARN & GROW ARE IMPORTANT

ESPECIALLY IF IT IS PART OF YOUR ROLE

THESE ARE NATURAL & CULTURAL EXPERIENCES

AN HONOUR TO BE A PROGRAM FACILITATOR



OPENED MY EYES TO A NON WESTERN WAY TO HELP YOUTH

LET GO OF CONTROL LET THE EXPERIENCE UNFOLD



# OUR PARTNERS



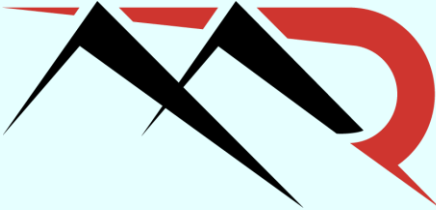
**Australian Government**  
**National Health and  
Medical Research Council**

MARY MACKILLOP  
*today*



**National Indigenous  
Australians Agency**

**MU** **Murdoch  
University**



**MINERAL  
RESOURCES**



The  
Kimberley  
Foundation



JIPI

THANK YOU



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